

Softlight Laser Hair Reduction

What you MUST do after your treatment

The following routine must be followed after your treatment...

First 48 hours

- Apply a cold compress every 45 minutes
- Apply Aloe Vera gel
- Do NOT take hot baths, steams, exercise or swimming
- Do NOT use perfumed products or deodorants
- Do NOT use make up

For 30 days

- Use sunblock SPF30 or above

After 7 days

- Exfoliate the area treated

What should happen

- Hair should start to shed in 10 to 14 days

What might happen

In the first 24 hours after your treatment, you may get spots, swelling or dry, red skin, in sensitive areas. If this happens, seek advice from your therapist by calling us on the number below.

What to do between treatments

- Book your next appointment 4 to 6 weeks after your previous appointment, otherwise the hair cycle may be disturbed
- Do NOT pluck, wax or thread hairs on treated areas. You may remove the hairs from the surface by shaving, cutting, bleaching or by using depilatory creams

If you have any questions or concerns, please do not hesitate to contact your therapist by visiting the salon or calling us on 020 8907 2090.